



Discharge Instructions 04-24-2018

Admission Date: 03-19-2018 **Admission Time:** 11:10AM

Patient Name:			
Client Name		Patient ID	
Address		Species	
		Breed	
		Age	Sex
Phone(s)		rDVM	

Diagnosis/Problem List: Mild Gastroenteritis

Medications Dispensed

Drug Name	Quantity	Instructions
Pick Up @ Pharmacy: (see instructions for drug name)	20	Metronidazole 250mg: Give one tablet by mouth every 12 hours.

HOME CARE INSTRUCTIONS FOR MILD GASTROENTERITIS:

FASTING and BLAND DIET: Please withhold all food and water for a minimum of 12 hours after the last episode of vomiting. If there has been no further vomiting, offer a small amount of water (few laps at a time) or several ice cubes. If your pet has no further vomiting after 1-2 hours, start offering a few tablespoons of a bland diet (see below) every 2-4 hours. If there is no further vomiting, gradually increase the amount you are feeding and decrease the number of feedings until you are feeding twice or three times a day. Continue feeding the bland diet for 2-3 days.

BLAND DIET: Bland diets include foods that are easily digested, like baby food or boiled, strained meats like chicken, beef, veal and lamb. Options include the following:

- (1) Cottage cheese and rice - 1 cup low fat cottage cheese to 4 cups boiled rice
 - (2) Ground beef and rice: 1 cup cooked ground beef (drained) to 4 cups boiled rice
 - (3) Chicken and rice: 1 cup cooked chicken (no bones or skin) to 4 cups boiled rice
- STORE ALL RICE MIXTURES IN THE REFRIGERATOR AFTER PREPARING.
- (4) Prescription Diets for cats or Dogs, such as Hill's i/d or Purina EN.

TRANSITION TO NORMAL DIET: If everything is going well, gradually start to mix your pet's normal diet with the bland diet on day 3 or 4. Gradually increase the proportion of the regular diet over 1-2 days. An abrupt food change can worsen or precipitate diarrhea.

MONITORING and RECHECK: If there is any vomiting, loss of appetite, nausea, drooling, weakness, or obvious pain, please have your pet rechecked by a veterinarian as soon as possible. Diarrhea will usually resolve after vomiting has ceased. As long as your pet is eating and drinking well and the diarrhea is not becoming more watery, copious, or bloody, it should resolve with time and the bland diet. If the diarrhea persists more than 3-4 days, or becomes worse at any time, please recheck with your regular veterinarian. Further testing and/or therapies may be indicated.

ADDITIONAL INFORMATION ON GASTROENTERITIS:

Gastroenteritis is a general term for stomach and intestinal upset (vomiting, diarrhea). These signs can be due to a variety of different causes, including dietary indiscretion, viral or bacterial infections, parasites, toxins, liver or kidney problems, food