

Making Chlorhexidine Scrubs and Solutions

Tools:

- Unopened jug(s) of distilled water
- Full strength Chlorhexidine scrub or full strength Chlorhexidine solution
- One graduated container
- Sharpie

Steps:

1. Using the graduated container, remove 400cc of distilled water from the jug and discard.
2. Using the same graduated container, measure out 400cc of the full strength Chlorhexidine scrub or solution.
3. Pour the measured 400cc Chlorhexidine scrub or solution into the distilled water jug.
4. Write your name, the date, and mixture type on the jug.

Full strength 2% Chlorhexidine solution and scrub should be kept on the treatment tables for catheter placement. *Full strength chlorhexidine should never be used on punctured skin or wounds.

Dilute 0.2% Chlorhexidine solution can be used for cleaning otoscope cones, wound care, or skin rinsing.

Dilute 0.2% Chlorhexidine scrub can be used for wound care, and is great for removing large particles like dried blood or dirt.